

Becoming the Entrepreneur You're Meant to Be

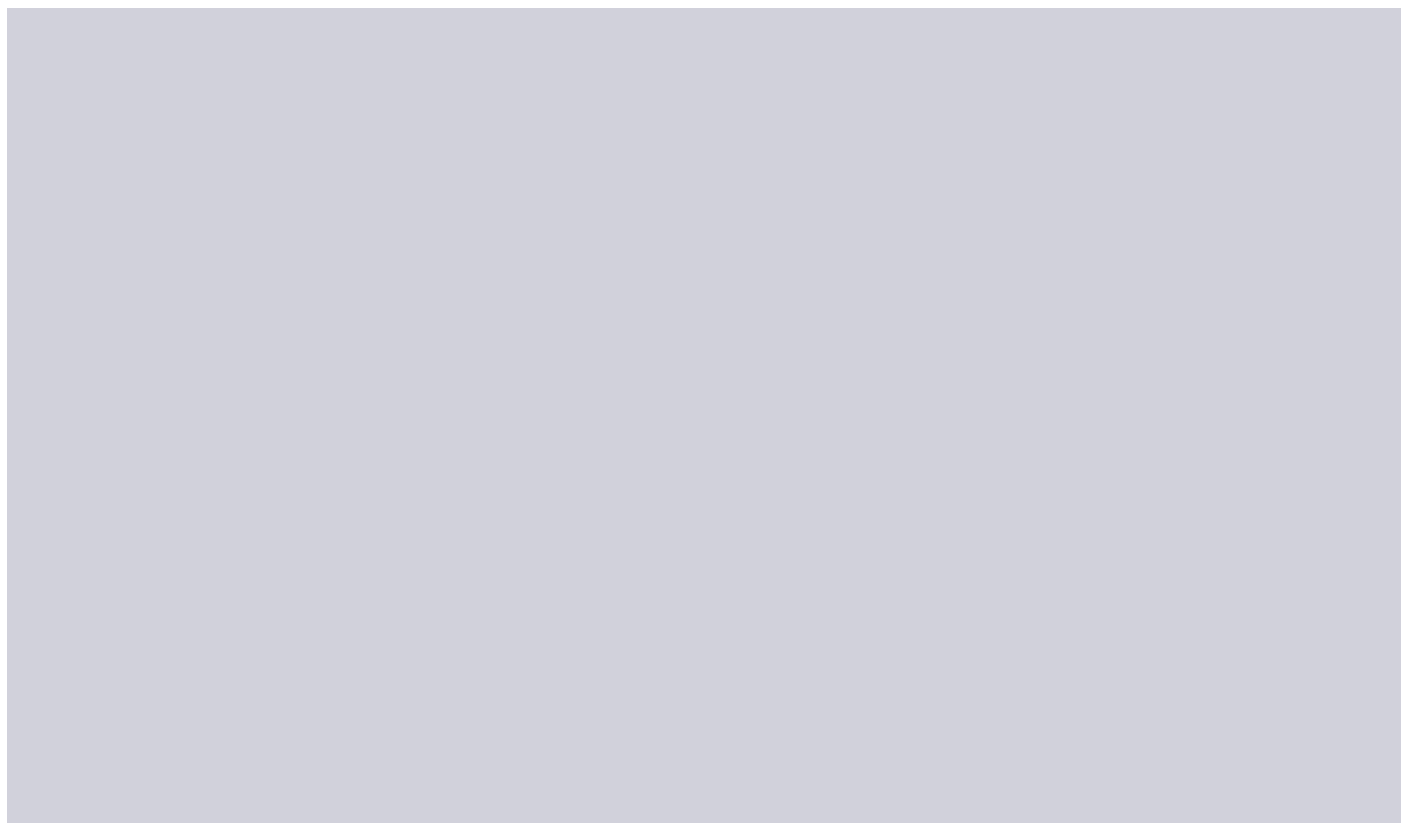
The Leah Gervais Methodology



Step 1: Becoming

The quickest and most sustainable way to get what you desire, is to first become the person who already has what you desire. This means thinking about how you would feel if you already achieved the desire you have. For instance, if you desire to have a six figure business and want that BADLY, first consider the person who already has a six figure business. Do they spend day and night wanting one? No, they're confident they already have done. Do they stress over objections? No, they're grateful for the "yes" they do have.

Explore Step 1: Becoming on our website and brainstorm the inspiration you see, the actions you could take, and how you currently act vs. the version of you that you can become to reach your next milestone.



Step 1: Becoming

How this has showed up for me:

When I took an honest look at the entrepreneurs I looked up to, there was quite a bit of difference about how they were living and showing up then I was. They seemed less stressed than I was. They made time for them their own self-care, no matter what. They had powerful mentors that sped up their timelines. They also were enjoying their life, and I had checked into a full-on self-pity party with a focus on my student loans, low paycheck, and all around 'stuck' feeling.



Up until this point, I had allowed myself to believe that the reason I didn't feel the way those women did (less stressed, time to work out and have self-care, learning from mentors, and overall happier) was because they had the finances and career fulfillment to make them happy.

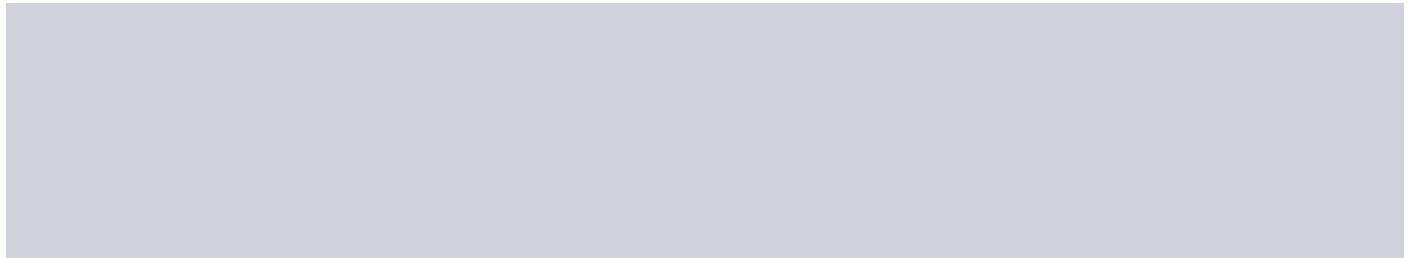
What I learned was that I was thinking of it backward. **They didn't act that way because of what they had, they had those things because of how they acted.** This is why we start with Becoming!

As I started leaning into the changes I could make in my life, I realized that this would mean leaving behind old habits.

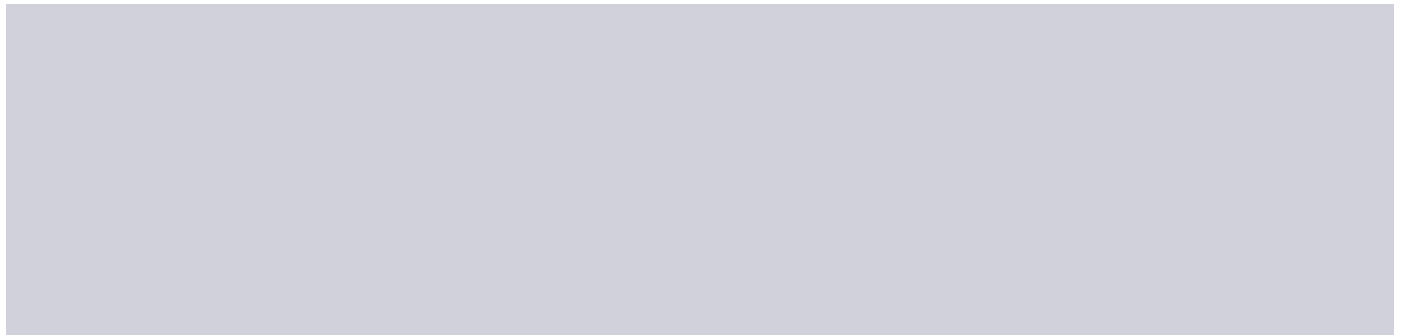
This included leaving behind my excuses for not taking care of myself. It meant investing in myself even when it felt scary. It meant learning that most of the stress I was living under was self-inflicted and was as simply choice to decide to no longer feel it.

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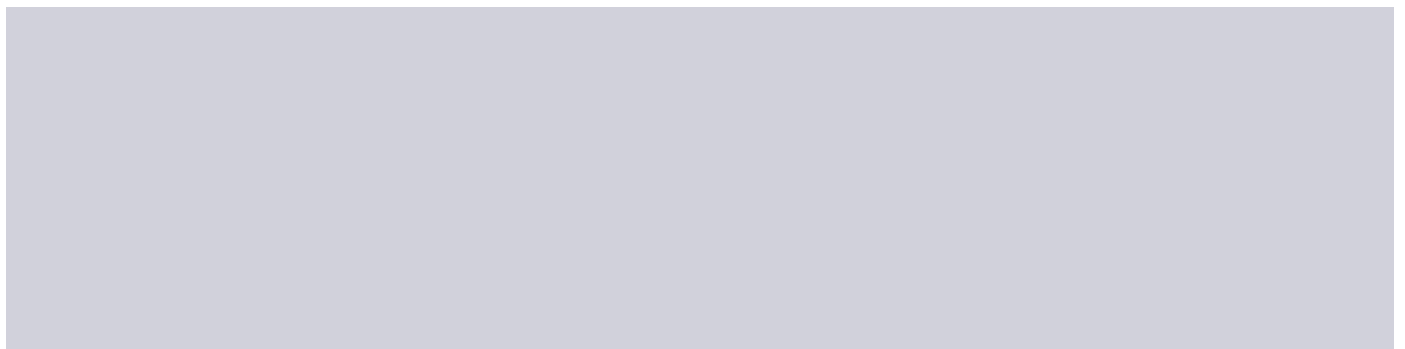
Consider the person who has what you want, who does what you want to do. What do they focus most on during the work day? How do they grow?



What does your work day currently focus on? Are you focused on growth? Is your to-do list overly tactical and not enough strategy? Where are there gaps?

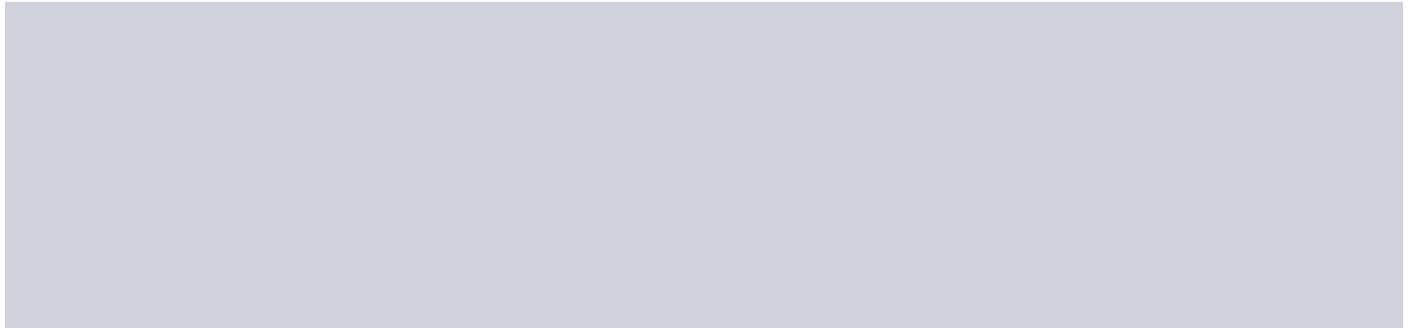


Consider the person who has what you want. What does their morning look like? Everything that comes to mind, from a morning routine to what they think about and are grateful for?

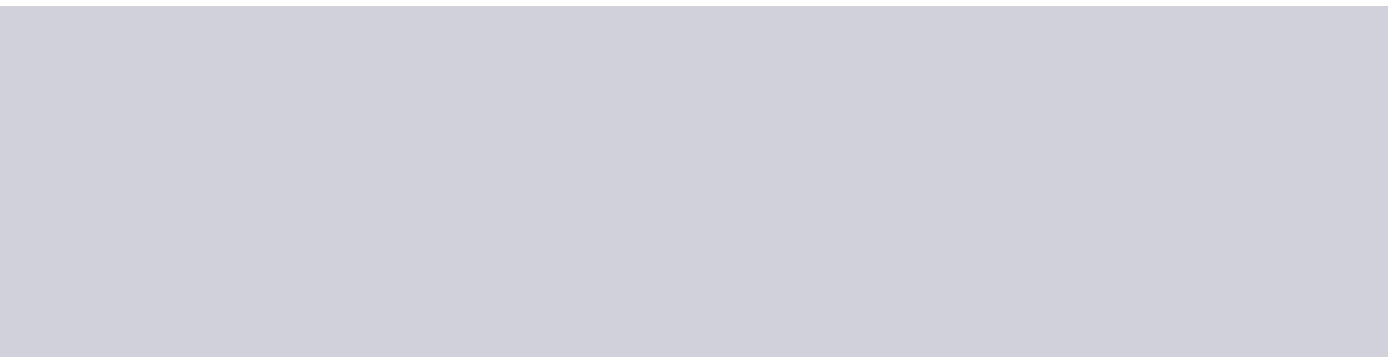


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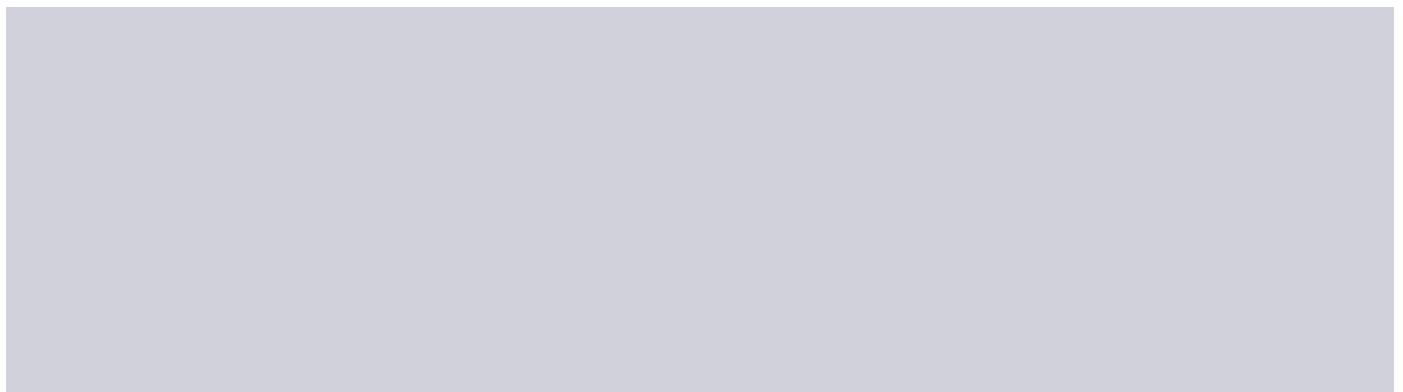
What does your morning routine focus on? Do you have one? Do you experience stress? Where are there gaps?



Consider the person who has what you want. Are they confident? What do they think about themselves?

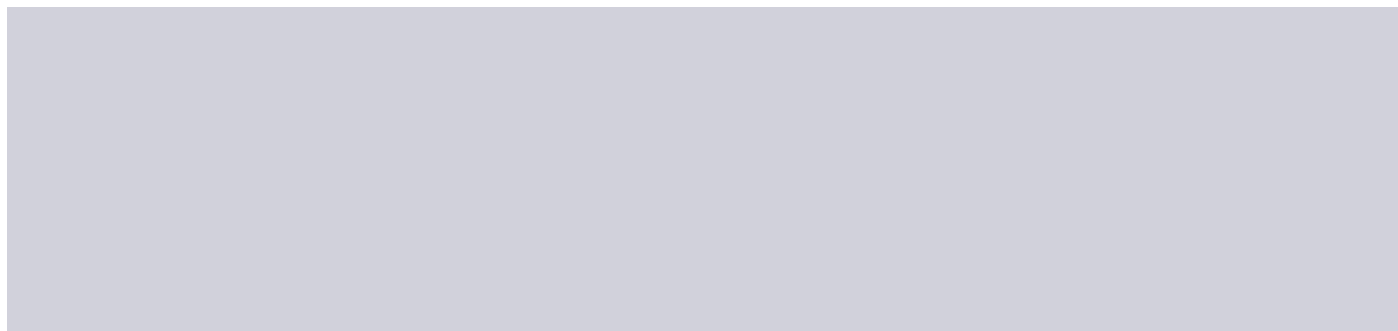


What do you currently think of yourself? Are you confident? Where are there gaps?

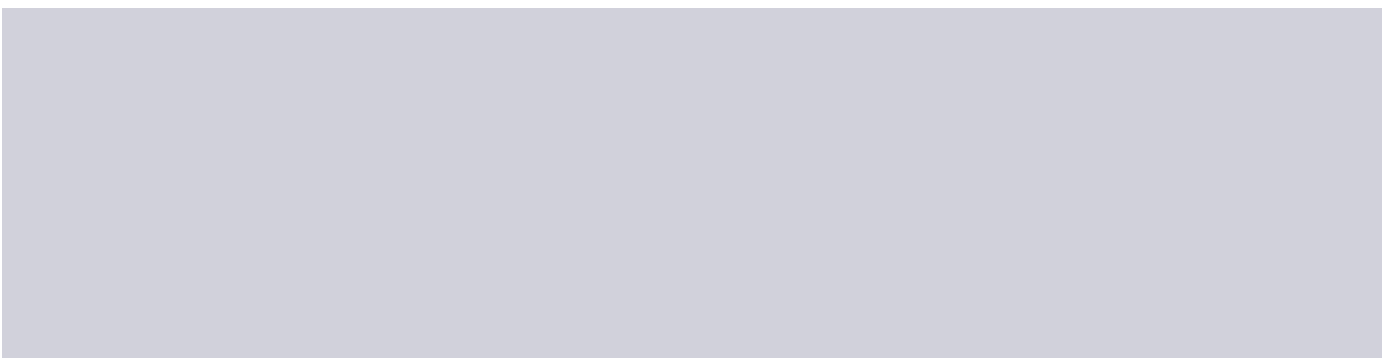


Step 1: Becoming

Consider the person who has what you want. How are they supported? With coaches? Mentors? Trainers? Physical healers and helpers? Nannies?



What type of support do you currently have (or lack thereof?) Where are there gaps?



What are at least three daily habits, thoughts, and actions you can start taking *today* that are more in alignment with who you'll be?

